# How do you refer a child victim of sexual violence?

## Before referring, make sure that

- The sexual assault has been deemed well-founded by the Director of Youth Protection (DYP) and/or police departments.
- The parent(s) (or a significant adult) are committed to helping with the process and are ready to take part in it.
- The child and their accompanying adult are able to travel to attend meetings once a week.
- The parents or holders of parental authority consent to the services.

In parallel with the service request, a request must be made to Indemnisation des victimes d'actes criminels (IVAC, Québec's crime victim compensation service) relative to the sexual assault.

# Information to provide when requesting services

- The context of the sexual violence (acts, duration, frequency, disclosure, impact of the disclosure, etc.)
- The state of the medical, social and legal process
- The child's general functioning (strengths and challenges)
- The family context



Referral 514 285-0505

Monday to Friday from 8 a.m. to 6 p.m.

marie-vincent.org

How does the Marie-Vincent Foundation meet the needs of children who have been victims of sexual violence?





# Services provided to children who have been victims of sexual violence

### **Needs assessment**

The assessment meetings aim to understand the impacts of the sexual violence on the child's ability to function as well as to draw up a profile (strengths, challenges, family context, etc.) in order to establish a therapy plan tailored to the child's needs.

#### 3-4 meetings

About 2 hours each

#### **Treatment**

The treatment is based on a cognitive-behavioural approach focusing on on trauma resolution and on parent-child communication.

To benefit from this type of intervention, the child must have a general level of functioning that's strong enough for them to acquire new skills.

The treatment is therefore not aimed at children who present certain developmental challenges, such as intellectual disabilities or severe autism-spectrum disorders.

**About 14 meetings** 

1 to 11/2 hours each





"When I came to Marie-Vincent, my heart was shut inside a little shell. I was sad and angry. Now, there's an openness around my heart. My heart is happy."