# How do you refer a child who have sexual behaviours problems (SBPs)?

# Information to provide when requesting services

- · Detailed description of the SBPs (acts, context)
- · Frequency of the SBPs
- · Age and relationship to the children involved
- Use of coercion, manipulation or blackmail (if applicable)
- · Interventions attempted
- · Date of the last SBP
- · Suffering or physical injury in relation to the SBPs

## Before referring, make sure that

- The parent(s) (or a significant adult) are committed to helping with the process and are ready to take part in it.
- The child and their accompanying adult are able to travel to attend meetings once a week.
- The parents or holders of parental authority consent to the services.

Once the request for services is filled out, an analysis will be done to ensure that it is pertinent to proceed with an assessment of the child's sexual behaviours and needs.



**Referral** 514 285-0505

Monday to Friday
8 a.m. to 6 p.m.

marie-vincent.org

How does the Marie-Vincent Foundation meet the needs of children aged 12 and under who have sexual behaviours problems?





Sexual behaviour problems are a child's behaviours of a sexual nature that are considered inappropriate to their age and developmental stage. They may be harmful to the child themselves or to the other children involved.

## How healthy sexual behaviour be differentiated from sexual behaviour problems?

- Difference in age, size or status
- The use of force, threats or intimidation
- Adult sexual behaviours
- Physical pain or unpleasant emotions
- High frequency of the behaviour
- Persistence of the behaviour despite limits set by the adult
- Secrect

"I'm ashamed of what I did, but with you, I never feel ashamed because I don't feel judged."



## What services are offered at Marie-Vincent?

## Child needs assessment

#### This aims to:

- Identify the SBP trigger and maintenance factors in order to intervene
- Draw up a profile of the child (strengths, challenges, family context, general functioning, etc.)
- Establish a therapy plan tailored to their needs

3 or 4 meetings about 2 hours each

#### **Treatment**

- The treatment provided to children is based on a cognitive-behavioural approach focusing on sexual behaviour management and parent-child communication
- To benefit from this type of intervention, the child must have a general level of functioning that's strong enough for them to acquire new skills. The treatment is therefore not intended for children who present certain developmental challenges, such as intellectual disabilities or severe autism-spectrum disorders.

On average 10 to 12 meetings 1½ hours each

For further information marie-vincent.org